

# DONATE BLOOD. DONATE LOCAL.

IT TAKES LESS THAN AN HOUR.

The beginning of a new year is the perfect time to commit to your next blood donation and set a goal to give every time you're eligible!

Considering donating at [Congregation Beth Shalom](#) on either March 2<sup>nd</sup>, 3<sup>rd</sup>, 9<sup>th</sup> & 10<sup>th</sup>, and then sign up for your following donation appointment at our Pop-Up ([University Unitarian Church](#)) in May 17<sup>th</sup>, 18<sup>th</sup>, 24<sup>th</sup> & 25<sup>th</sup>!

Your impact is measured in the remissions, recoveries, and second chances you help create. When you donate with Bloodworks, you're contributing to a blood supply that helps 95% of Western Washington and Oregon hospitals.

**Local Donors.**  
**Local Patients.**

## COVID-19 Notice

*Appointments and masks are required. There is no deferral from donating if you receive the COVID vaccine. See our [COVID-19 safety measures](#) for more information.*

SCAN TO  
SCHEDULE



@bloodworksnw



Make an appointment today.

800-398-7888 | [schedule.bloodworksnw.org](https://schedule.bloodworksnw.org)

 **Bloodworks**  
Northwest